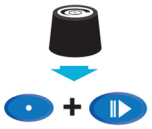
ODFS Pace v1.0

Software Version – 1.2.03 / 1.2.04

Exercise mode and other settings

To enter setup mode:
(Pace must be in Pause mode)



Release all 3 buttons

SETUP

1ST Time — NEW SETUP?
resets all parameters to default, including exercise mode

Subsequent times — FINETUNE SETTINGS

OPTIONS MENU ↔ **EXERCISE PROGRAMS** ↔ **ACTIVITY LOGGER** ↔ **LANGUAGE OPTIONS** ↔ **….EXIT**

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Press the Pause button on this menu level to test exercise parameters

Same current, frequency and waveform used for exercise mode

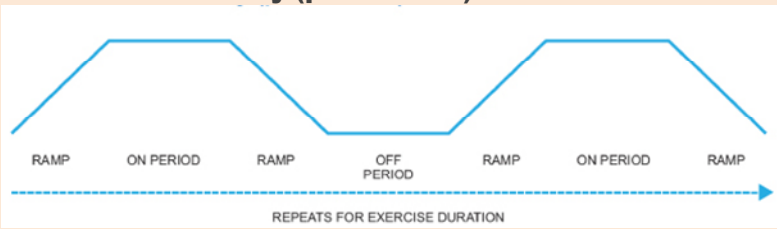
ENABLE EXERCISE ↔ **EXERCISE DURATION** ↔ **ON PERIOD** ↔ **OFF PERIOD** ↔ **RAMP DURATION** ↔ **EXIT**

- **EXERCISE ON** ↔ ***EXERCISE OFF**
- **5-100mins** Default 15min
- **1-10 s** Default 5s
- **1-10 s** Default 5s
- **1-10 s** Default 2s

Footswitch lead must be removed to start exercise program

*Exercise mode will default to OFF if NEW SETUP selected

Stimulation intensity (pulse width) in the exercise mode



OUTPUT SOUNDER ↔ **BEEPS** ↔ **FOOT SWITCH** ↔ **TIMING MODE** ↔ **CONTROL LOCK** ↔ **EXIT**

- **NO SOUNDER** ↔ **SETUP ONLY** ↔ **ALWAYS ON**
- **BEEPS OFF** ↔ **BEEPS ON** ↔ **BEEPS ON+**
- **ADAPTIVE TIMING**
- **FIXED TIMING** ↔ **NO TIME OUT**
- **HEEL RISE** ↔ **HEEL STRIKE**
- **LOCK OFF** ↔ **LOCK 1s** ↔ **LOCK 3s**

Box with heavy line indicates default setting

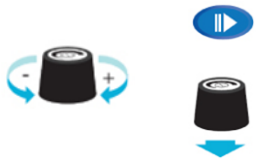
Flashing black square indicates chosen option

Parameter View Mode

To enter parameter view mode:
With the device turned off

Press and hold down the test button whilst turning the ODFS Pace on

Navigate by twisting the control knob.
Press Pause to exit or hold the control knob to turn off



Use this to record the settings of the ODFS Pace